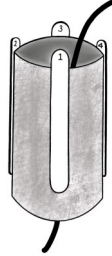


CARDBOARD TUBE FRENCH KNITTING GUIDE

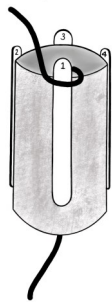
To start, label your pegs 1,2,3 & 4 with a pencil.

TO CAST ON:

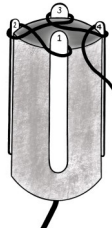
1 Thread the wool through the cardboard tube.



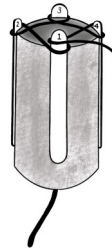
2 Hold the tail end with one hand (or attach temporarily to the bottom of the tube with a clip or tape) and wind the working wool around the first peg.



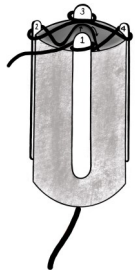
3 Wind the wool around peg 2, 3 & 4.



4 Wind the wool around peg 4 again, so that it sits above the wool already on the peg.



5 Use your fingers to pick up the wool from the bottom and lift it up and over the peg, then drop it.



6 Wind the working wool around the next peg along and repeat step 4.

7 Continue steps 4 and 5 around all the pegs to make your first row.

8 Continue making rows until you have reached the desired length.

TO CAST OFF:

1 Lift the wool off peg 1 and move it over to peg 2, so that it sits above the wool already on the peg. Peg 1 will now be empty.

2 Use your fingers to pick up the wool from the bottom and lift it up and over the peg, then drop it.

3 Lift the wool off peg 2 and move it over to peg 3.

4 Repeat step 2.

5 Lift the wool off peg 3 and move it over to peg 4.

6 Repeat step 2.

7 Snip the working wool off, leaving about 10cms. Then, carefully lift the wool off of peg 4, thread the end of the working wool through the loop and pull it tight to secure your knitting.

8 Remove your knitting from the cardboard tube.